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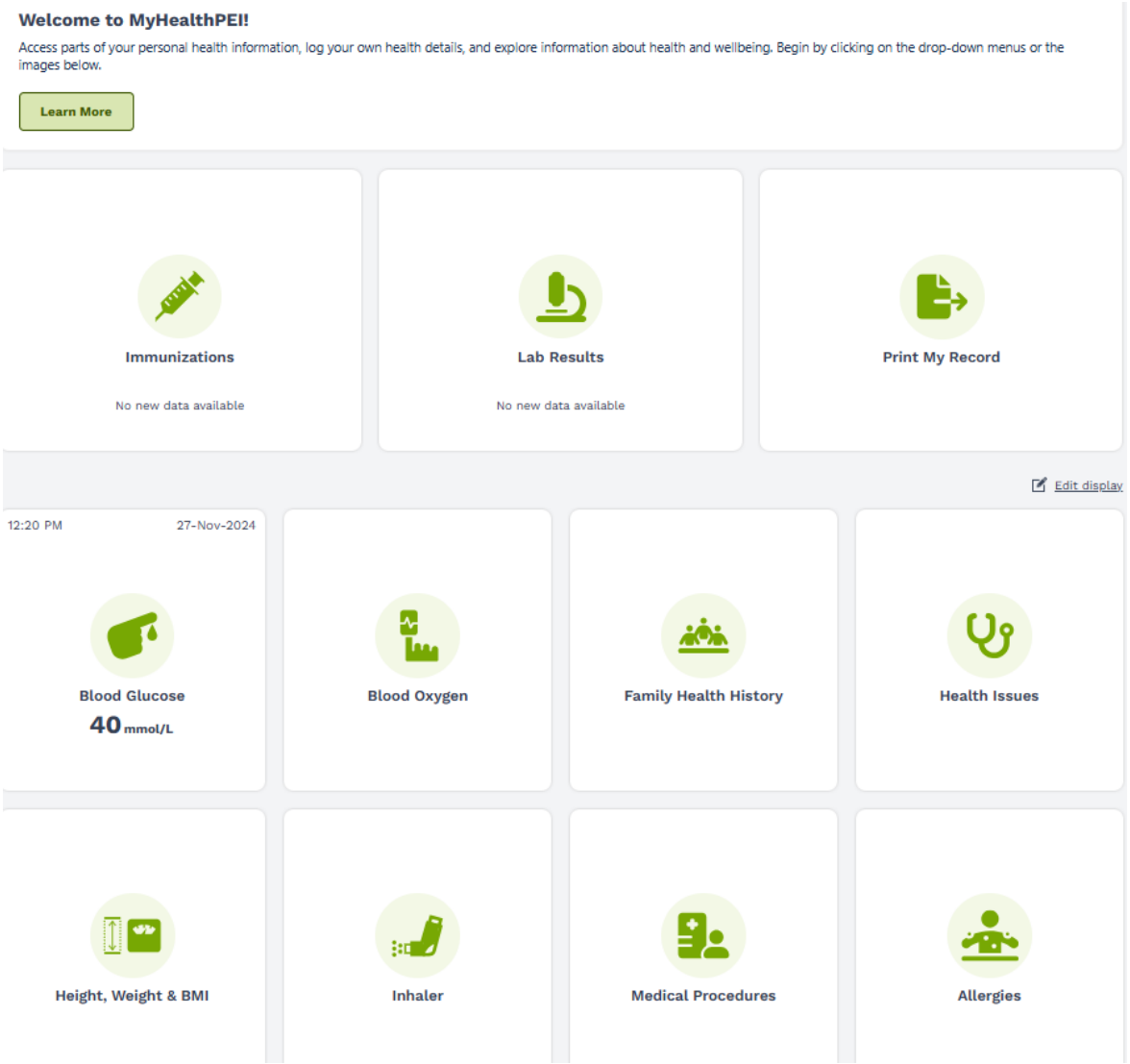
2 Health Records

The **Health Records** tool will provide you with access to components of your immunizations and test results, along with several tools you can use to store various pieces of your health history.

The information within the tool can be accessed in two different ways. On the **Home** dashboard, you can click on the tiles in the centre of the screen.



Or you can open the **Health Records** dropdown on the left-hand navigation bar and select from the below list:

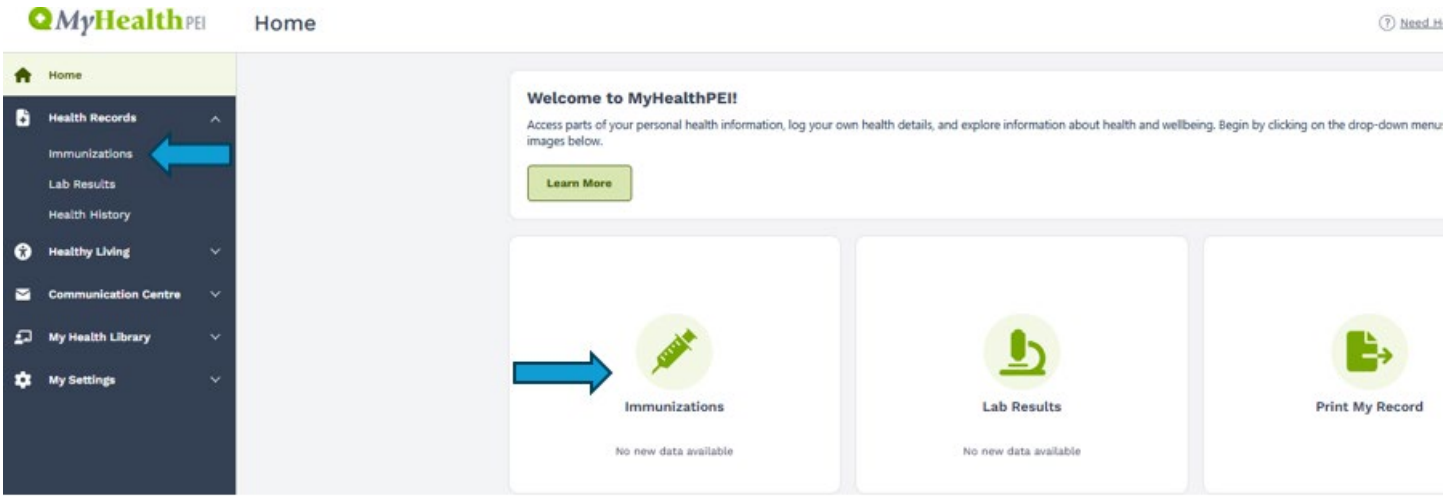
The following tools are currently available in **Health Records**:

- Immunizations
- Lab Results
- Health History

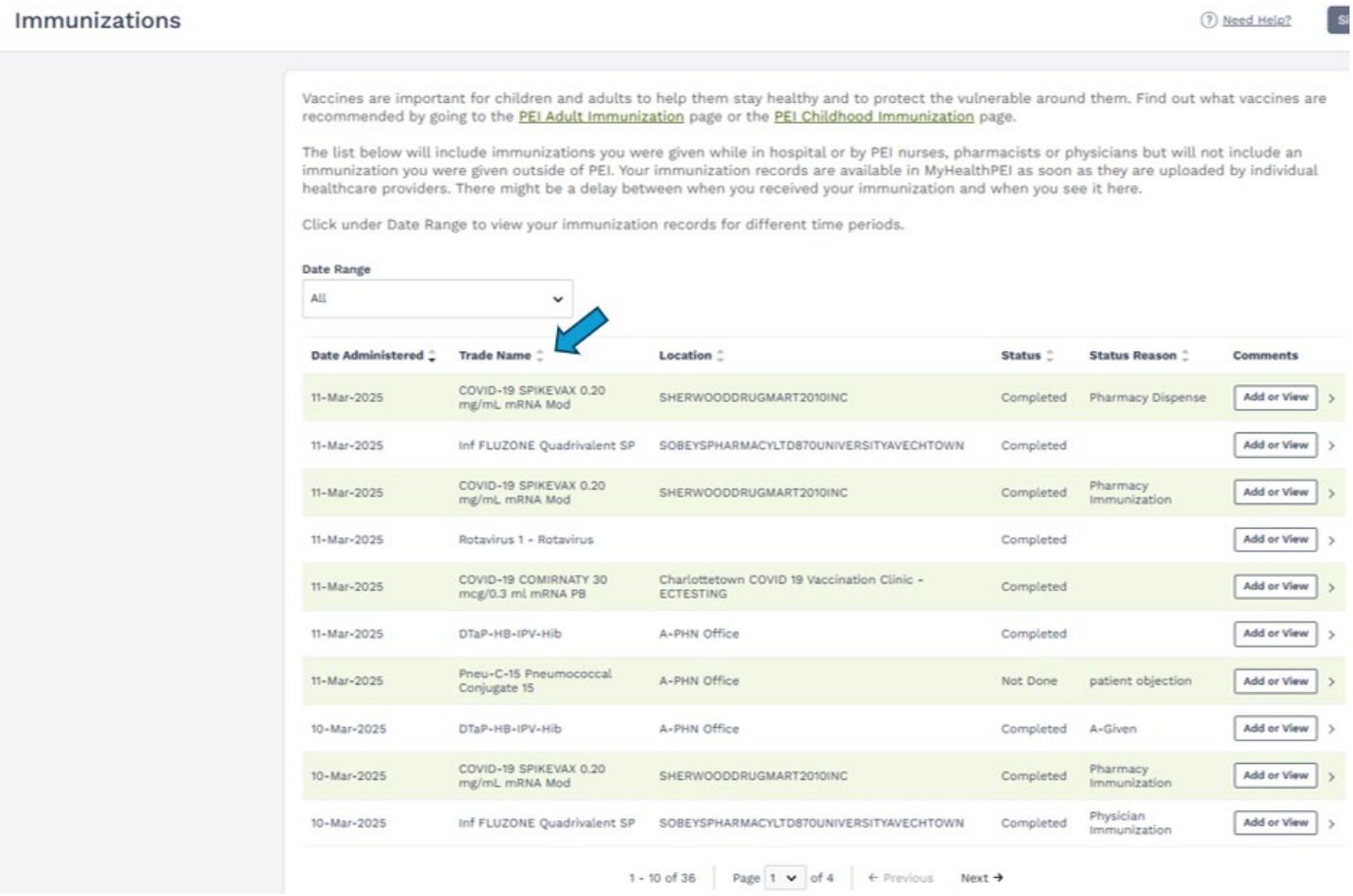
2.1 Immunizations

The Immunizations tool allows you to see a record of vaccines you received in the province that have been digitally recorded in PEI's Immunization Registry. This includes vaccines you received from public health nursing, community pharmacists, primary care providers, as well as vaccines received while in hospital, long-term care or at a post-secondary institution in PEI.

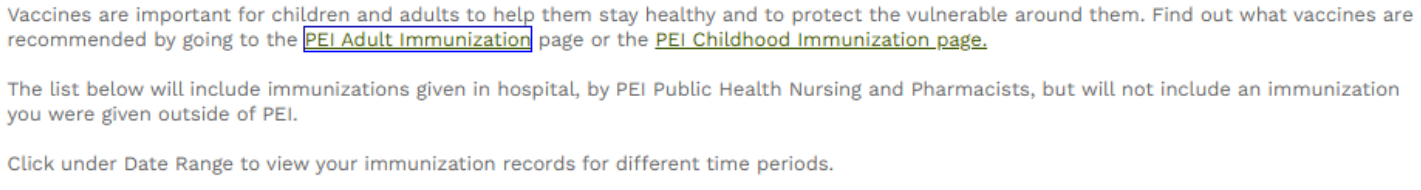
From the Home dashboard screen, you can access your immunizations in two ways. You can click on the tile in the centre of the screen labelled **Immunizations**, or you can open the **Health Records** dropdown on the left-hand navigation bar and select **Immunizations** from there – both will take you to the same screen.



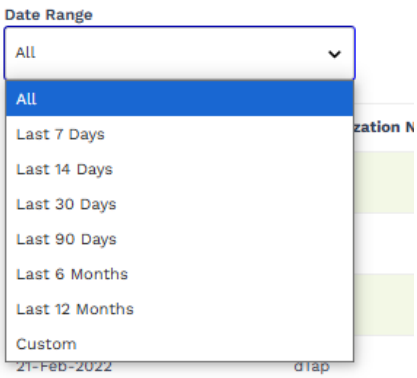
Once you are on the immunizations screen, you will see a list of all of your available immunizations appear. You are able to sort your immunization information (ie. alphabetically by Trade Name, oldest to newest for Date Administered) by clicking on the small arrows beside each column name.



At the top of the immunizations screen, you will find some helpful information, including links to the Government of PEI Child and Adult Immunization pages.



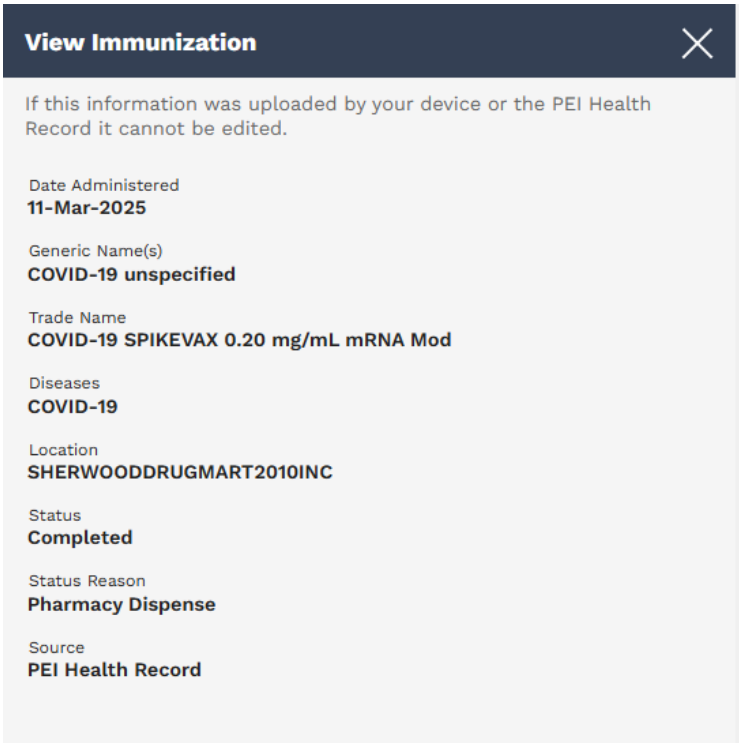
Also, toward the top of the page, you have the option of choosing a specific date range to view by selecting the **Date Range** dropdown and selecting your preferred timeframe.



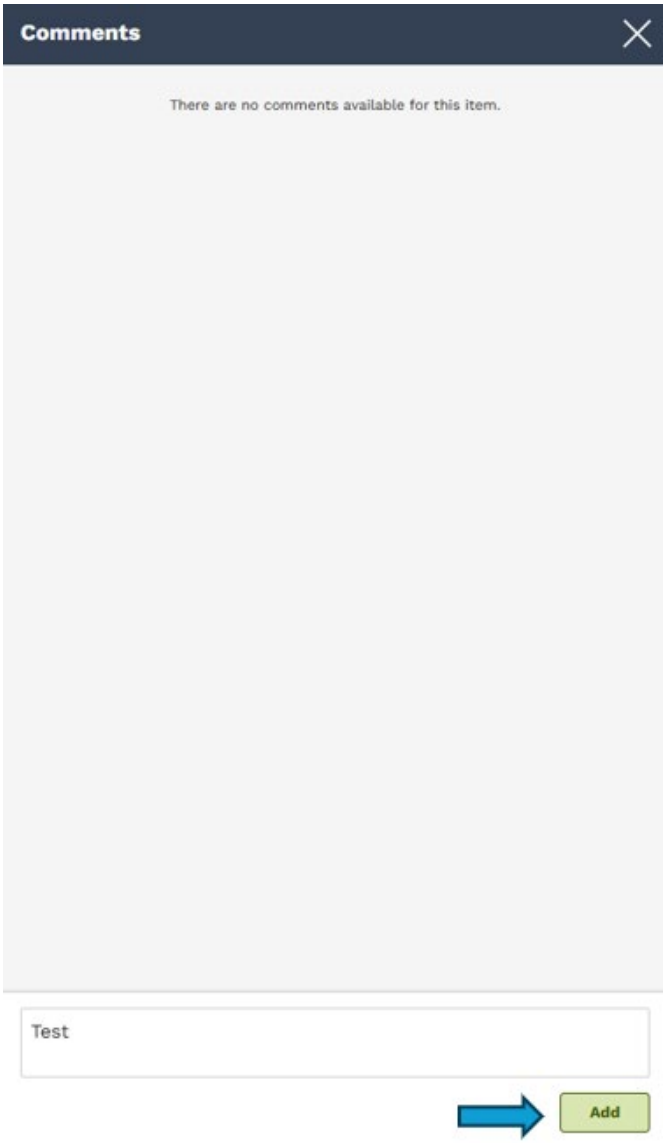
You may have multiple pages available to view, which you will see at the bottom of the list of immunizations. To move between the pages, please use the **Previous** and **Next** buttons.

To view a specific immunization record, click the arrow beside the Comments columns, or anywhere on the record you wish to view. On the right-hand side of the screen, you will see a popup open where you can also view additional immunization information.

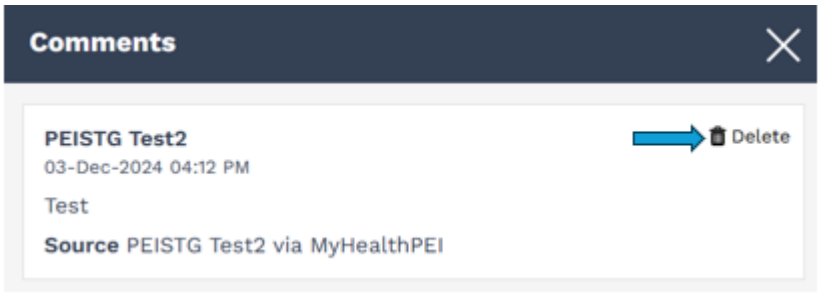
Date Administered	Trade Name	Location	Status	Status Reason	Comments
28-Feb-2025	Rotavirus 1 - Rotavirus		Completed		Add or View
22-Jul-2020	HB - Hepatitis B	Dr. Example Office	Completed		Add or View
22-Jul-2020	HB - Hepatitis B	Dr. Example Office	Completed		Add or View
08-Jun-2020	X - DPT-Dipth, Pert, Tet. Toxoid	Dr. Example Office	Completed		Add or View
08-Jun-2020	X - DPT-Dipth, Pert, Tet. Toxoid	Dr. Example Office	Completed		Add or View
20-May-2020	INJECTION OTHER THAN ALLERGY	Dr. Example Office	Completed		Add or View
20-May-2020	INJECTION OTHER THAN ALLERGY	Dr. Example Office	Completed		Add or View
20-May-2020	INJECTION OTHER THAN ALLERGY		Completed		Add or View



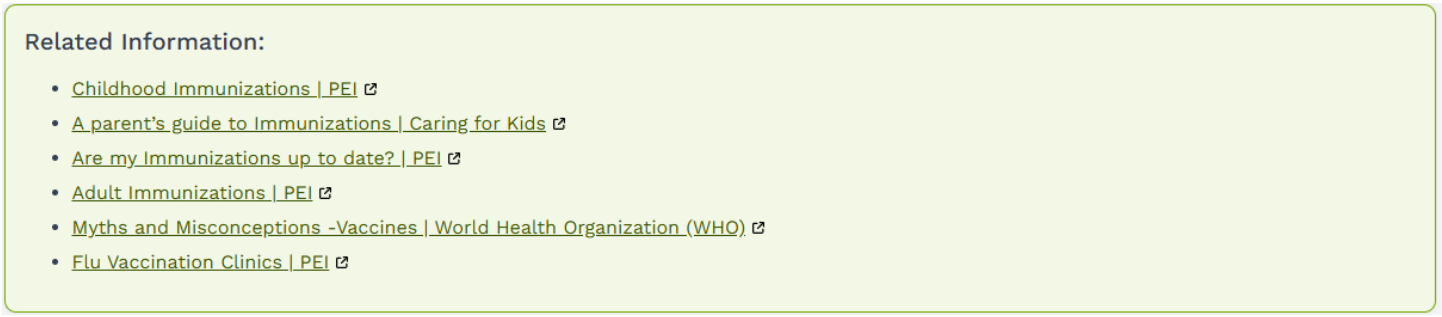
You can also add or view comments. It is important to note that the comments you add are *only visible by yourself* unless you choose to share your record. Select the **Add or View Comments** button and you will see a popup open on the right-hand side of your screen. Here, you will see an area where you can view or type in your comments. If it is a new comment, once you're done typing click on **Add**.



To delete a comment, click the **Add or View Comment** button associated with the record. Click the **garbage icon (Delete)**. When prompted, click **Delete** again to confirm.



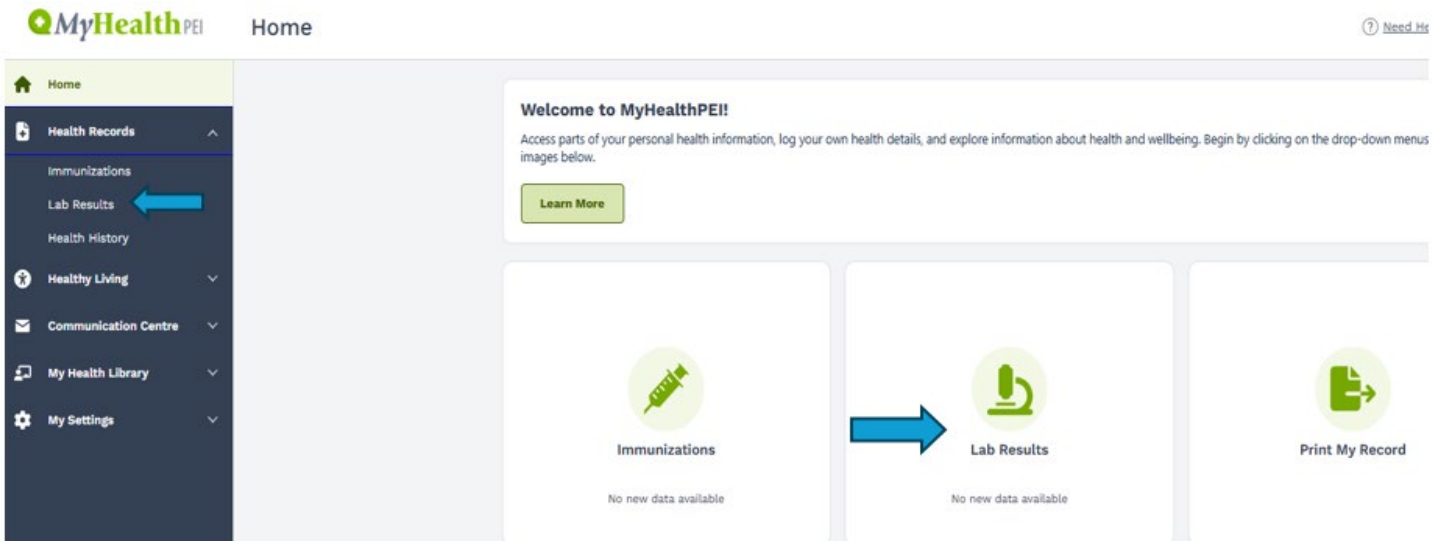
Toward the bottom of the Immunizations screen, you will see a green box called **Related Information**. Here you will find a selection of links that provide you with further information on topics like immunization schedules along with links for booking your immunizations.



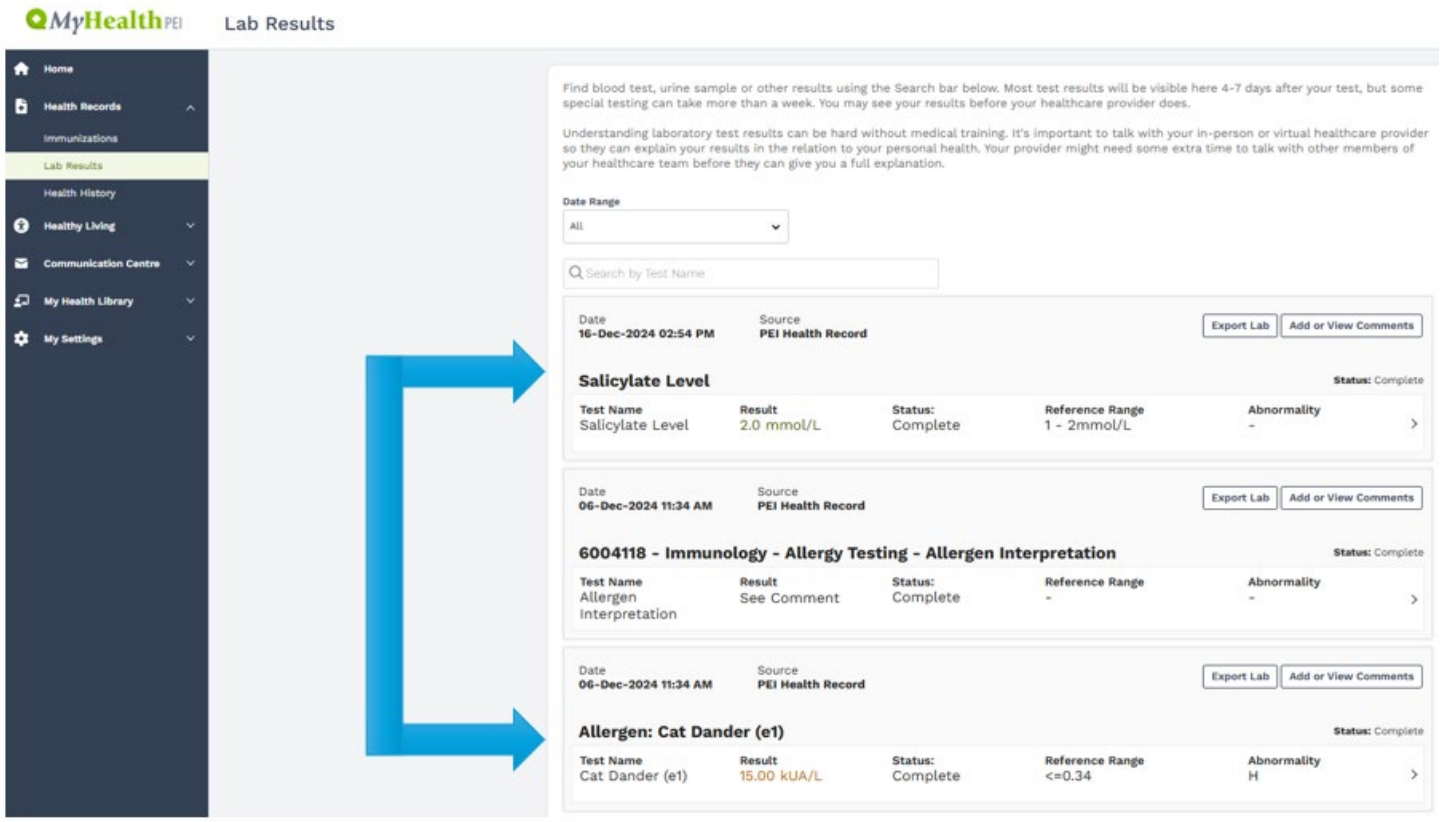
2.2 Lab Results

The **Lab Results** tool allows you to see a record of blood tests, urine samples or other laboratory test results that you received in the province from April 2025 onward. Please remember that most test results will be visible on MyHealthPEI 4 to7 days after your test is processed and completed. Some test results may take longer to appear in MyHealthPEI as the lab test may take more time to process or it may need to be sent out of province for processing.

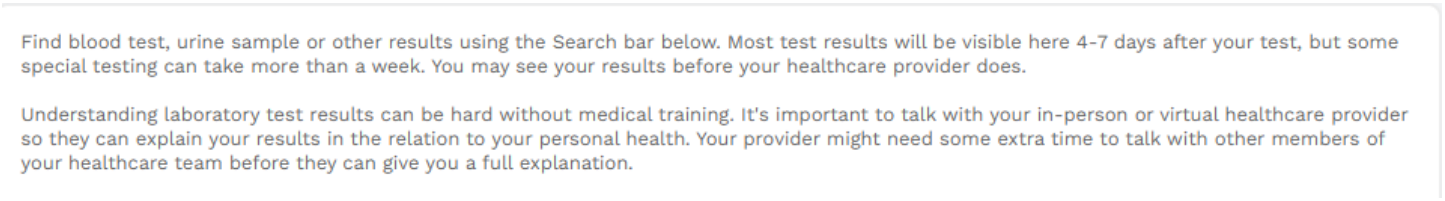
From the **Home** dashboard screen, you can access your lab results in two ways. You can click on the tile in the centre of the screen labelled **Lab Results**, or you can open the **Health Records** dropdown on the left-hand navigation bar and select **Lab Results** from there – both will take you to the same screen.



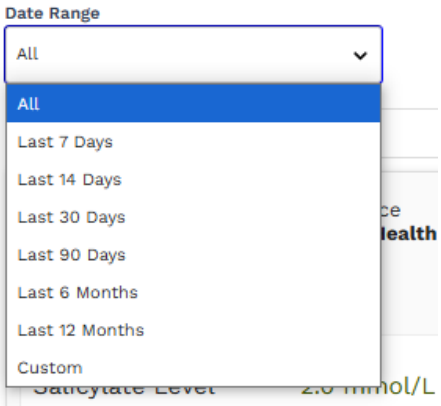
Once you are on the **Lab Results** screen, a list of all of your available results will appear.



At the top of the **Lab Results** screen, you will find some helpful information, including guidance around timelines and who to talk to for support when you have a medical-related question.



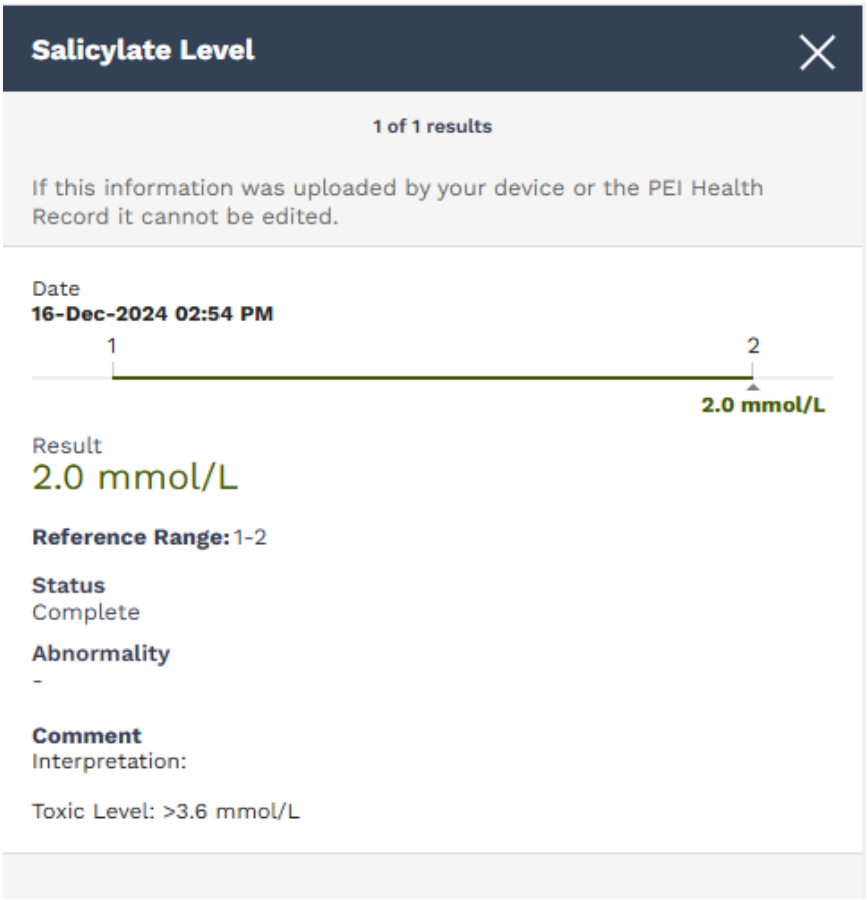
Also, toward the top of the page, you have the option of choosing a specific date range to view by selecting the **Date Range** dropdown and selecting your preferred timeframe.



You can also search for a specific test result by typing the name of the test in the **Search** box, located on the top left-hand side of the screen, directly below the **Date Range**.

You may have multiple pages of results available to view, which you will see at the bottom of the list of lab results. To move between the pages, please use the **Previous** and **Next** buttons.

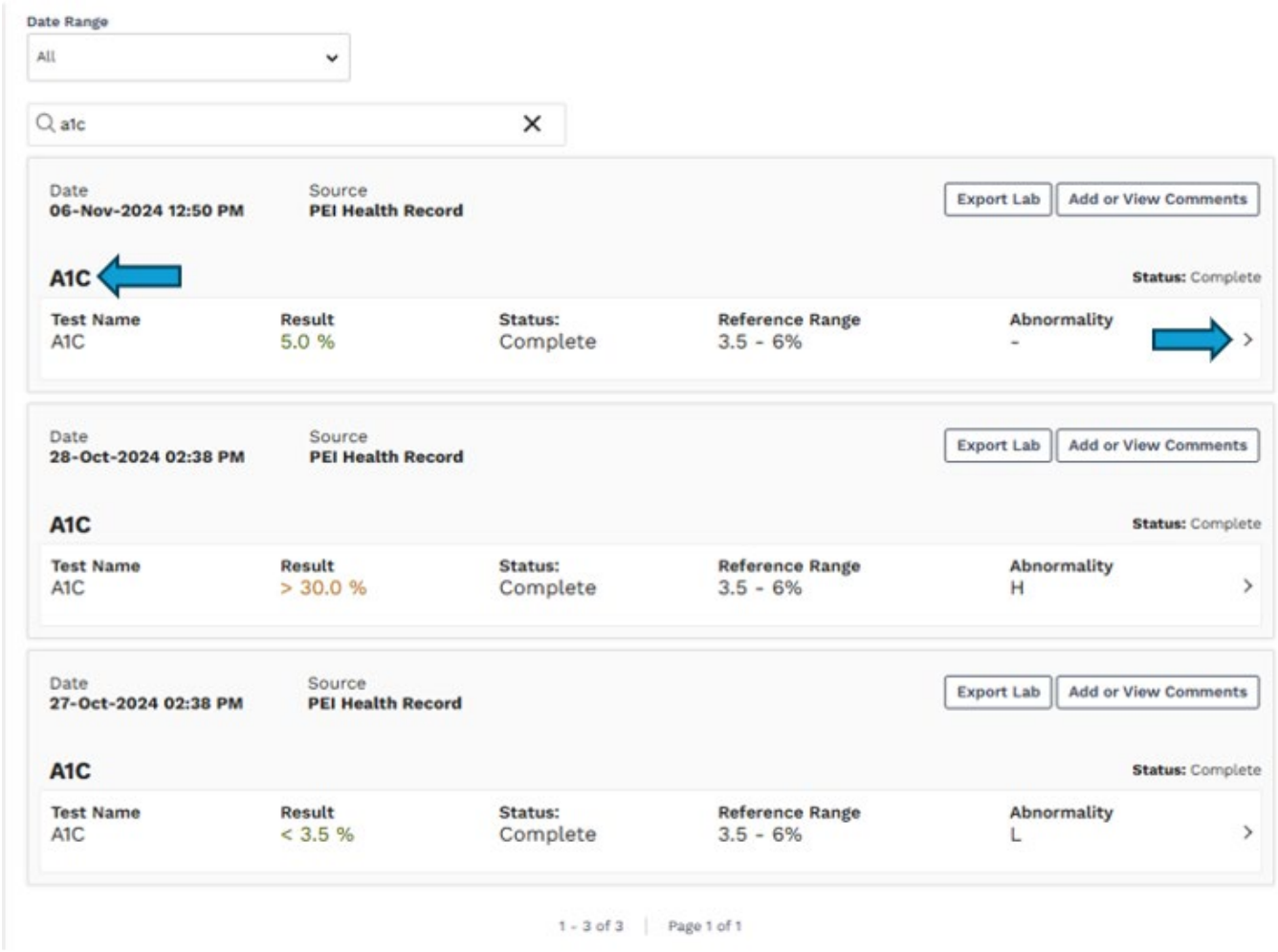
To view a specific lab result record, click anywhere on the record you wish to view. On the right-hand side of the screen, you will see a pop-up open where you can also view your results.

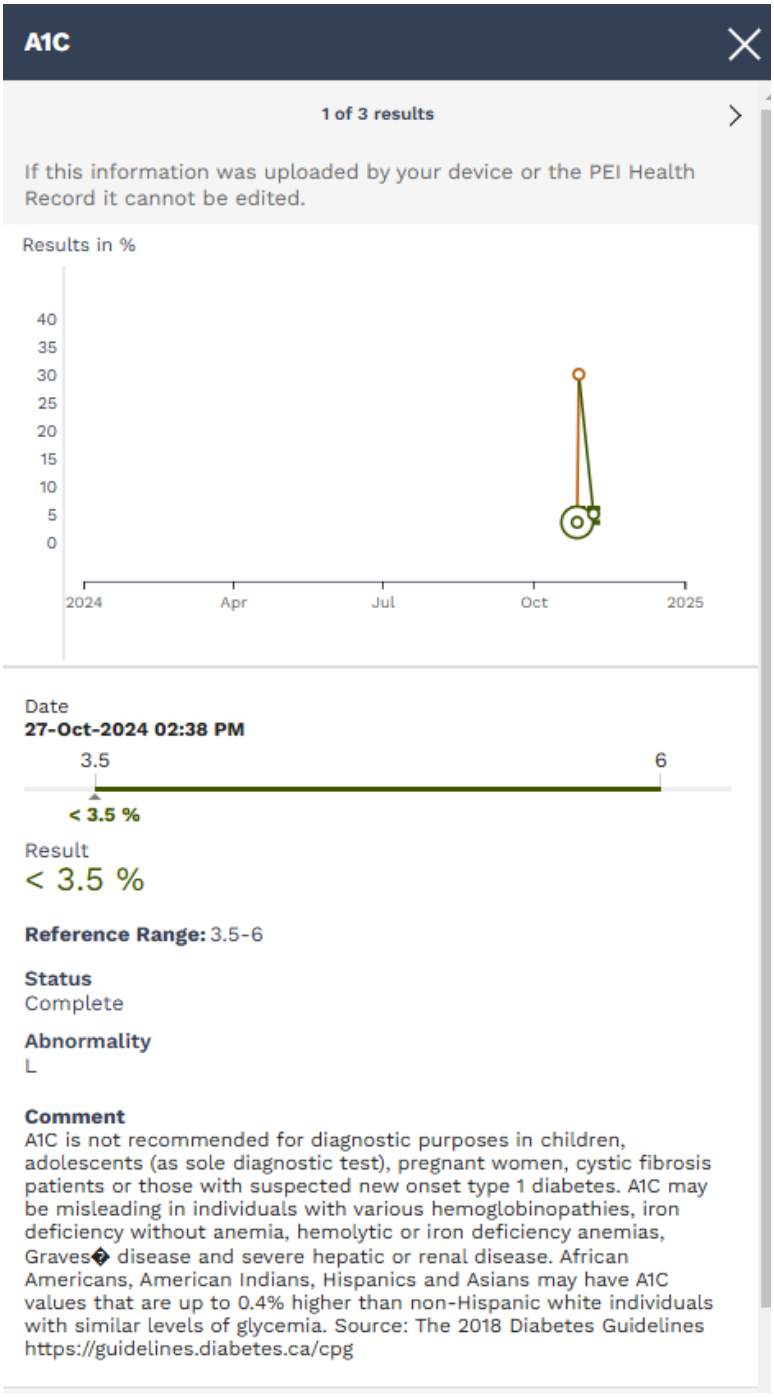


On each record, you will find the following information:

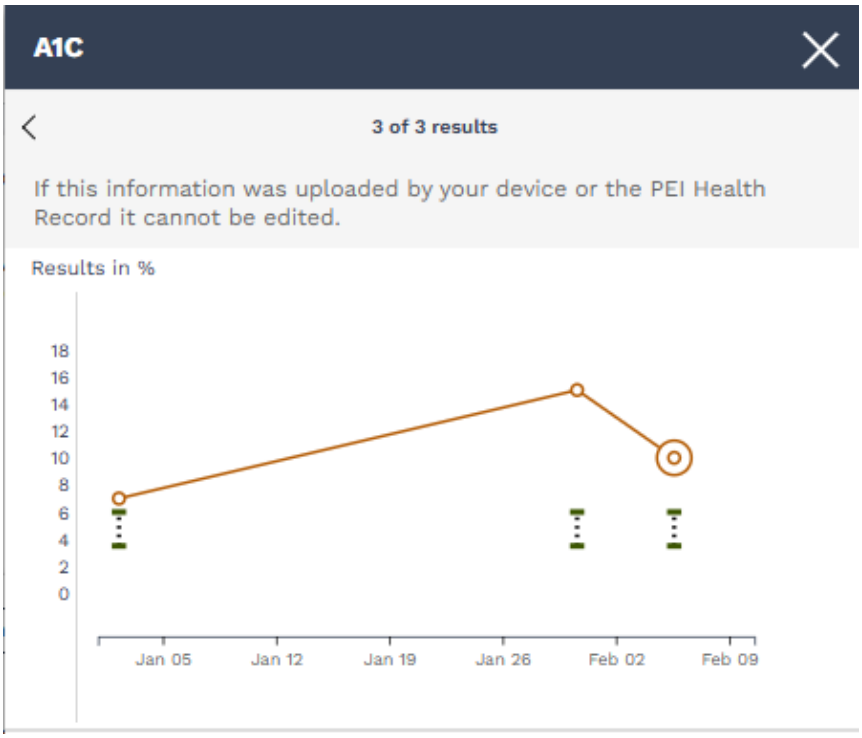
- Test name
- Date
- Reference range (the target range for the lab result as determined by the lab team)
- Status
- Abnormality (Crit = Critical, H = High, M = Medium, L = Low, blank or "-" means within the reference range)

If you have certain bloodwork completed on a regular basis, for example your A1Cs, you will be able to see a graph that tracks your results over time. To access this graph, click on your lab result record on the main lab results screen and the pop-up will open on the right-hand side of your screen. Here, you will see a graph populate, displaying your results for that test over time.

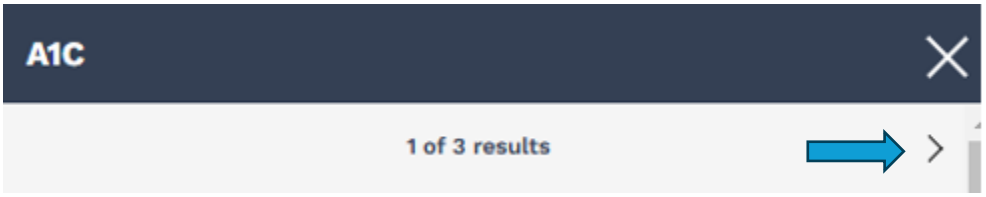




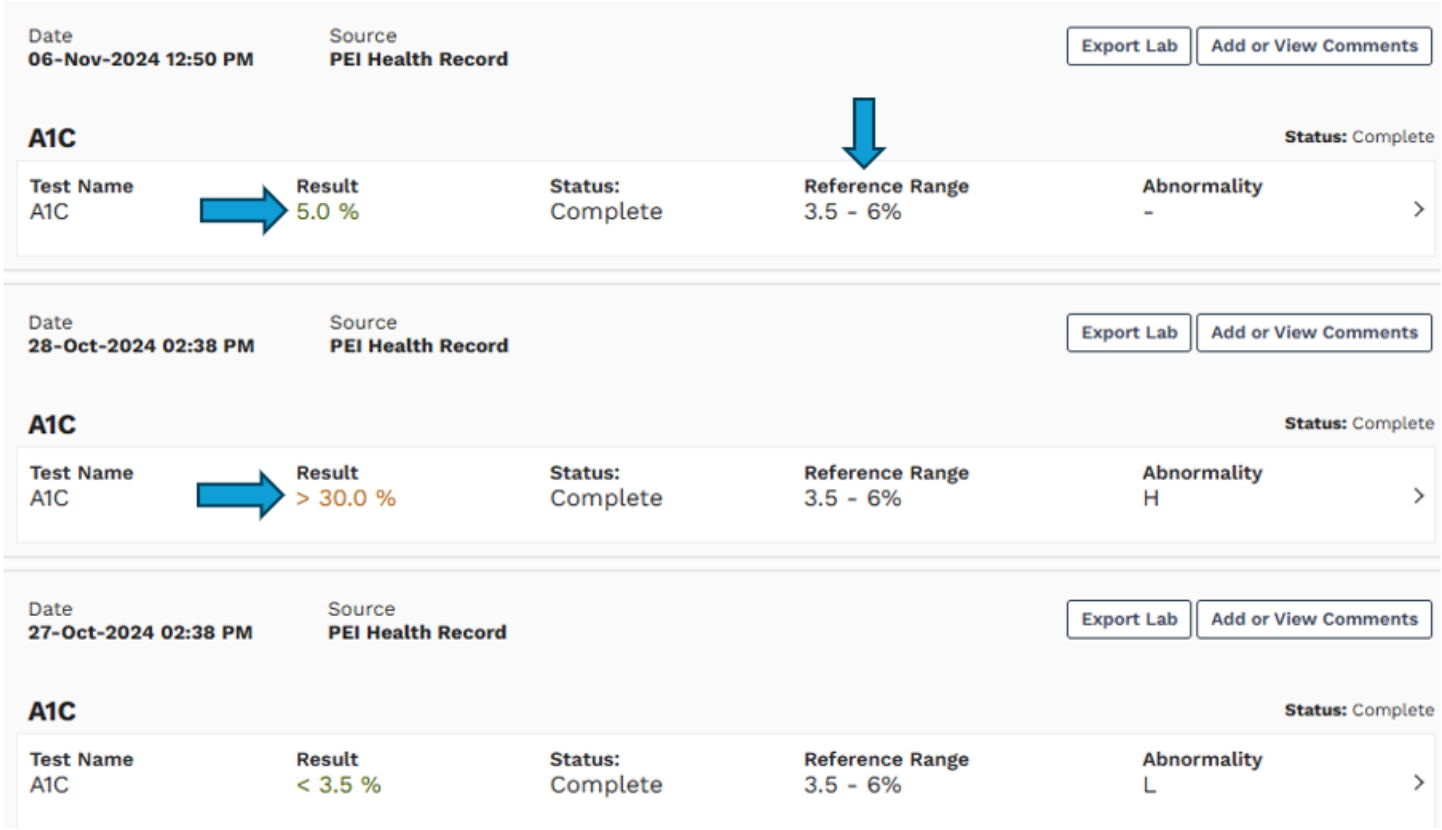
Please Note: If you would like to zoom in to your lab results graph to show a shorter window of time (for example, results graphed at a weekly or monthly level), click on the graph and roll the scroll wheel of your mouse toward or away from you. If you are using a laptop that has a trackpad, click on the graph and use two fingers to move up or down on the trackpad. If you are using a mobile device or tablet, touch the graph and use two fingers, moving them apart or together to adjust the level of detail on the graph.



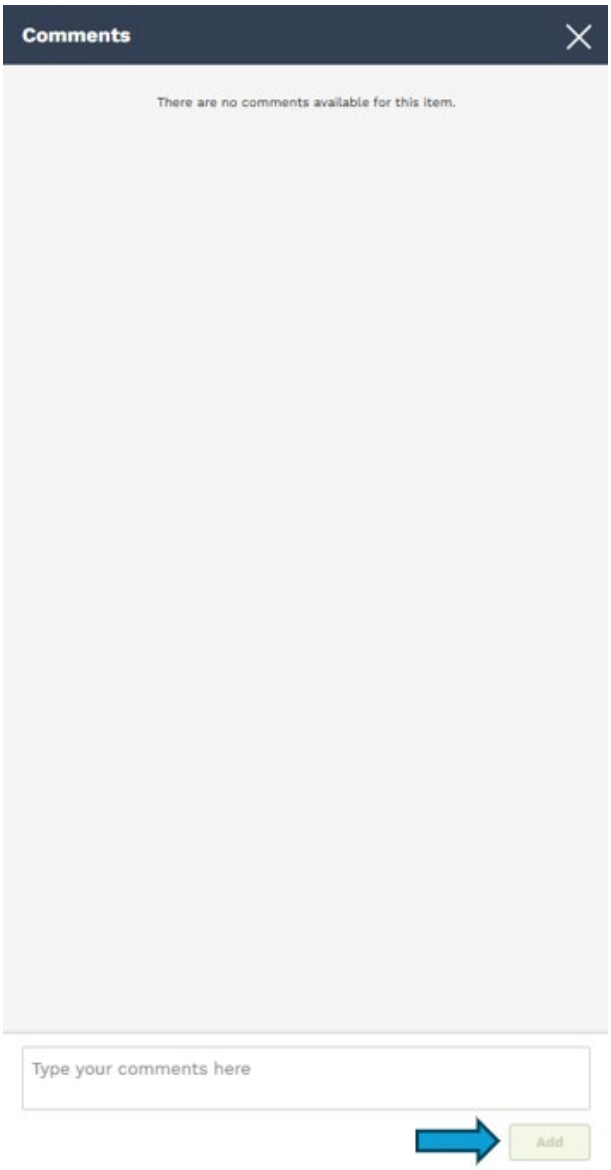
In the case of the above screenshot, you can see that there are 3 individual A1C test results. To view each result, you can use the **Arrow** button located on the top right-hand corner of the screen to move through each of your available A1C results.



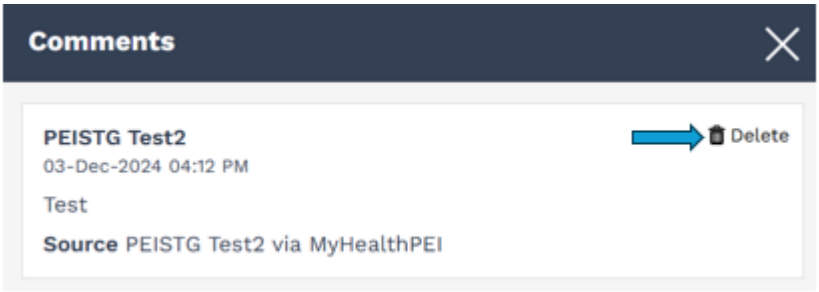
To help you better understand your results, the result number itself will be colour-coded based on whether your result falls within or outside of the range of normal ("Reference Range") determined by the lab team. A normal result will appear in green, while an above or below normal result will appear in orange.



You can also add or view comments. It is important to note that the comments you add are *only visible to you* unless you choose to share your record. Select the **Add or View Comments** button and you will see a pop-up open on the right-hand side of your screen. Here, you will see an area where you can view or type in your comments. If it is a new comment, once you are done typing click on **Add**.



To delete a comment, click the **Add or View Comment** button associated with the record. Click the **garbage icon (Delete)**. When prompted, click **Delete** again to confirm.



Toward the bottom of the **Lab Results** screen, you will see a green box called Related Information. Here you will find a selection of links that provide you with further information on topics like locating a walk-in clinic and booking a laboratory test appointment.

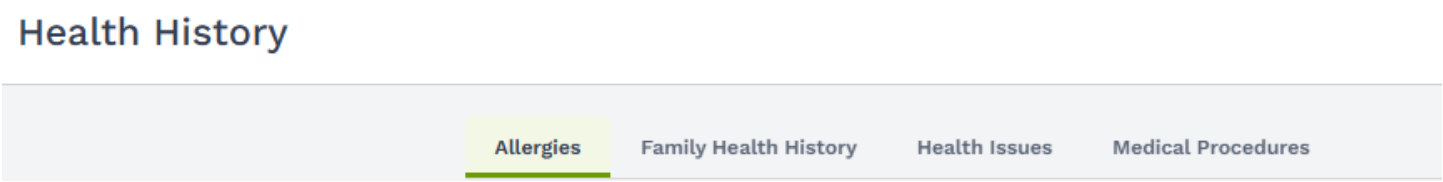
Related Information:

- What is that Health Test? | Alberta Health
- Appointments for Laboratory Tests | PEI
- Walk-in Clinics Skip the Waiting Room | PEI
- What about Walk-in Clinics ?| PEI

2.3 Health History

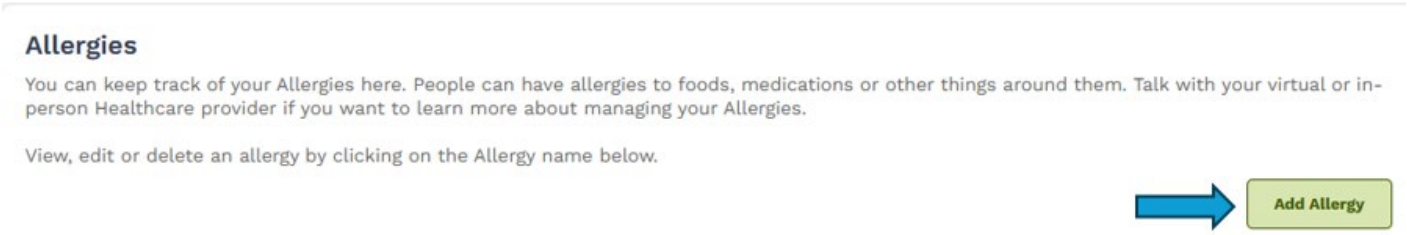
The **Health History** tool allows you to self-enter various pieces of your health history. The tool consists of the following sub-tools:

- Allergies
- Family Health History
- Health Issues
- Medical Procedures

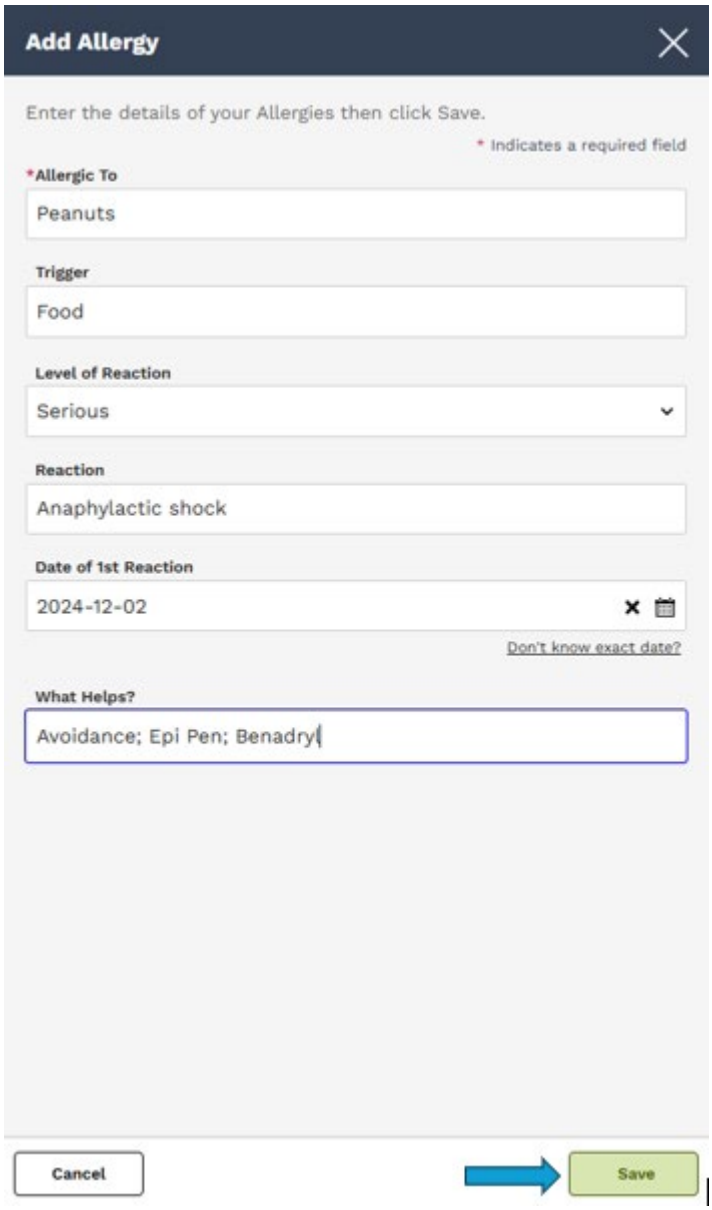


2.3.1 Allergies

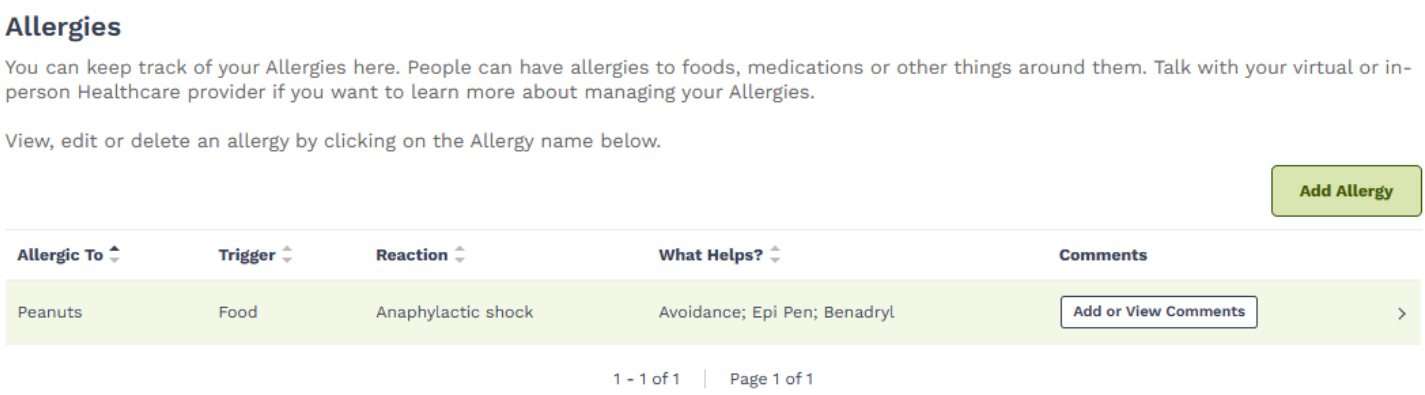
At the top of the **Allergies** tab, you will see a button that allows you to **Add Allergy**.



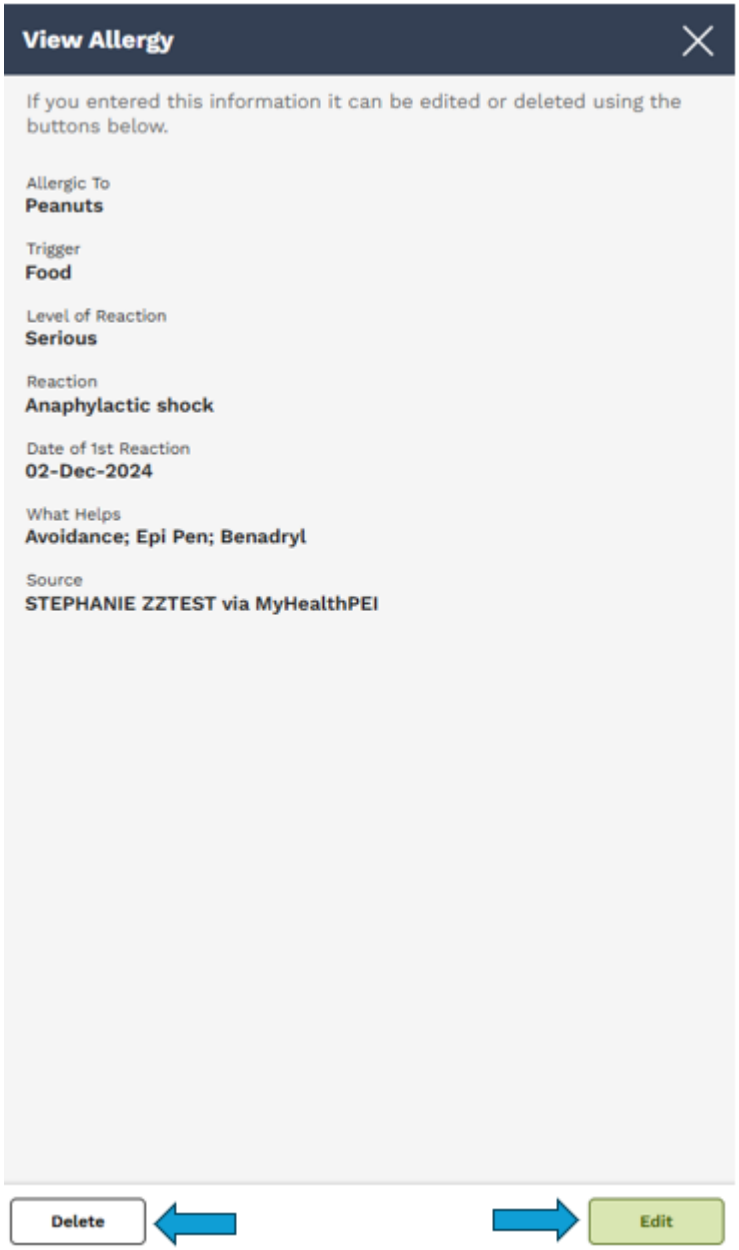
When you click on this button, a window will open on the right-hand side of your screen. Here is where you can enter your allergy information. Once you enter your information, click **Save** on the bottom right-hand corner of your screen.



As you enter your information, you will see a list populate on the main **Allergies** screen.



If you would like to either edit or delete existing data, click on the line you wish to edit or delete. Then click on the **Edit** or **Delete** button on the bottom of the **View Allergy** popup window.

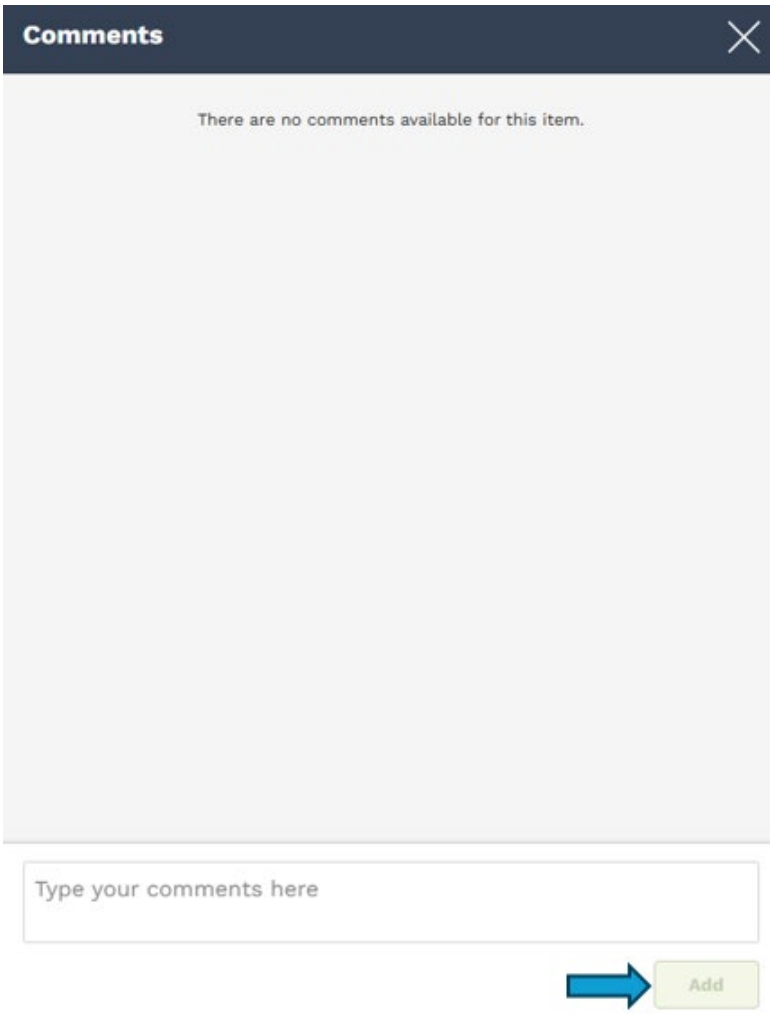


If you are choosing to edit, you can simply select **Edit** and type in your updated information.

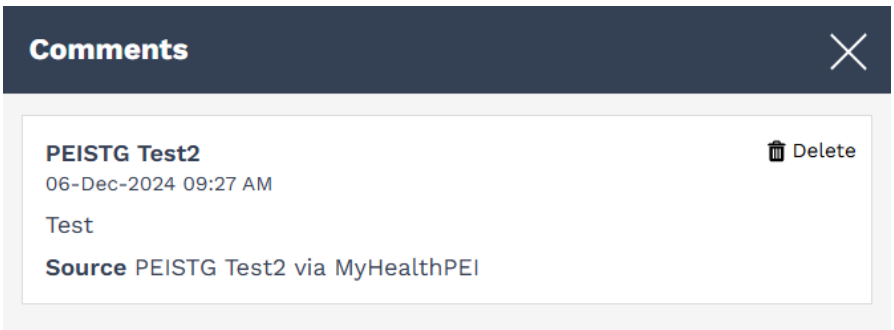
If you are choosing to delete, please click the **Delete** button, followed by the **Delete** button pictured below.

You can also choose to add or view comments on your allergy entries. It is important to note that the comments you add are *only visible by yourself* unless you choose to share your record. To add a comment, click **Add or View Comment** on the entry you would like to comment on.

A window will pop up on the right-hand side of your screen where you can type in your comment. Once you have finished typing, press the **Add** button and your comment will be saved.



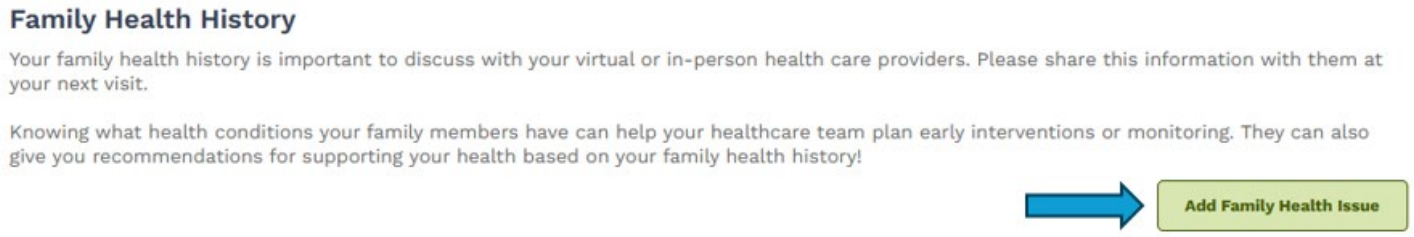
If you would like to delete a comment, click on the **Add or View Comment** button on the line you would like to adjust, locate the comment you wish to delete, and click on the **garbage can (Delete)** button and select **Delete** again on the box that pops up.



Helpful links are included in the Related Information box at the bottom of the **Allergies** tab.

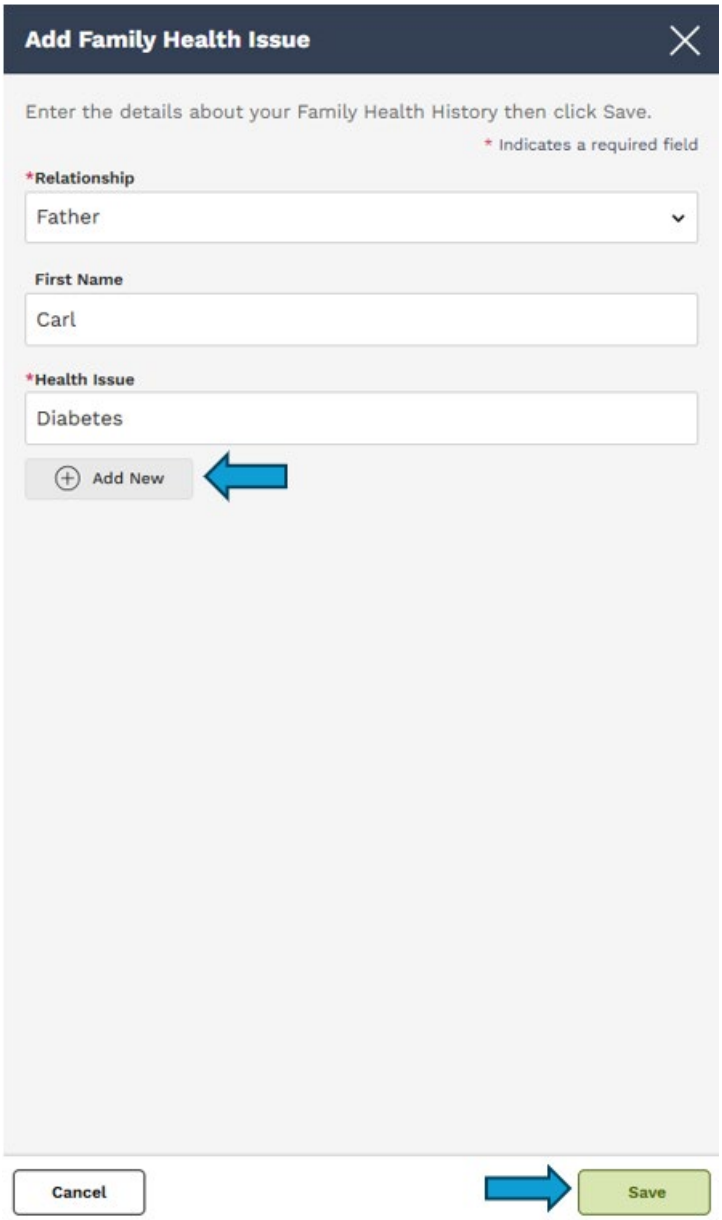
2.3.2 Family Health History

At the top of the **Family Health History** tab, you will see a button that allows you to **Add Family Health Issue**.

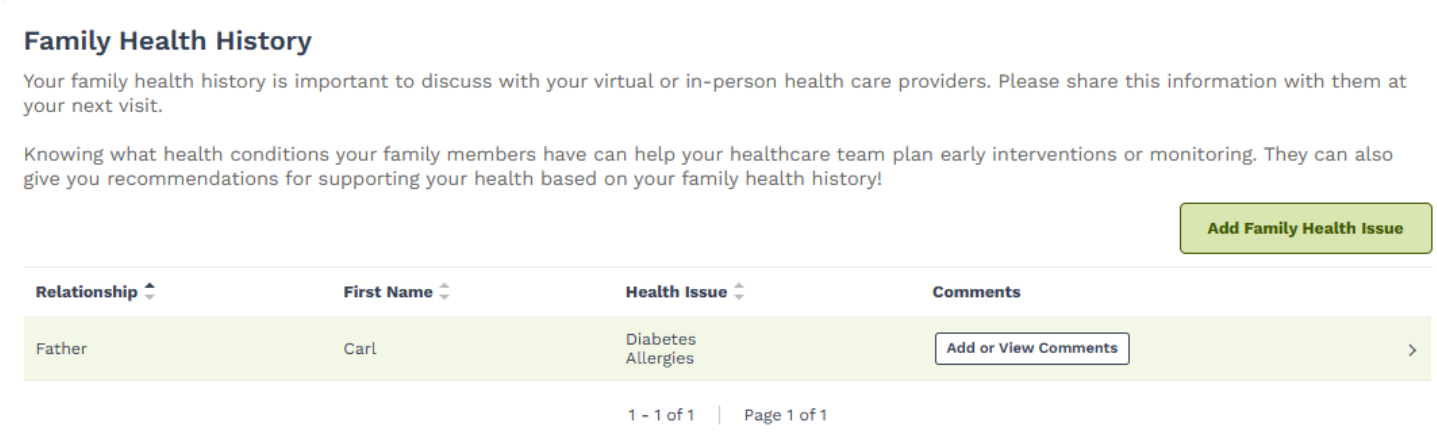


When you click on this button, a window will open on the right-hand side of your screen. Here is where you can enter your family health history information. You can enter a single health issue, or you can enter multiple by selecting the **+ Add New** button.

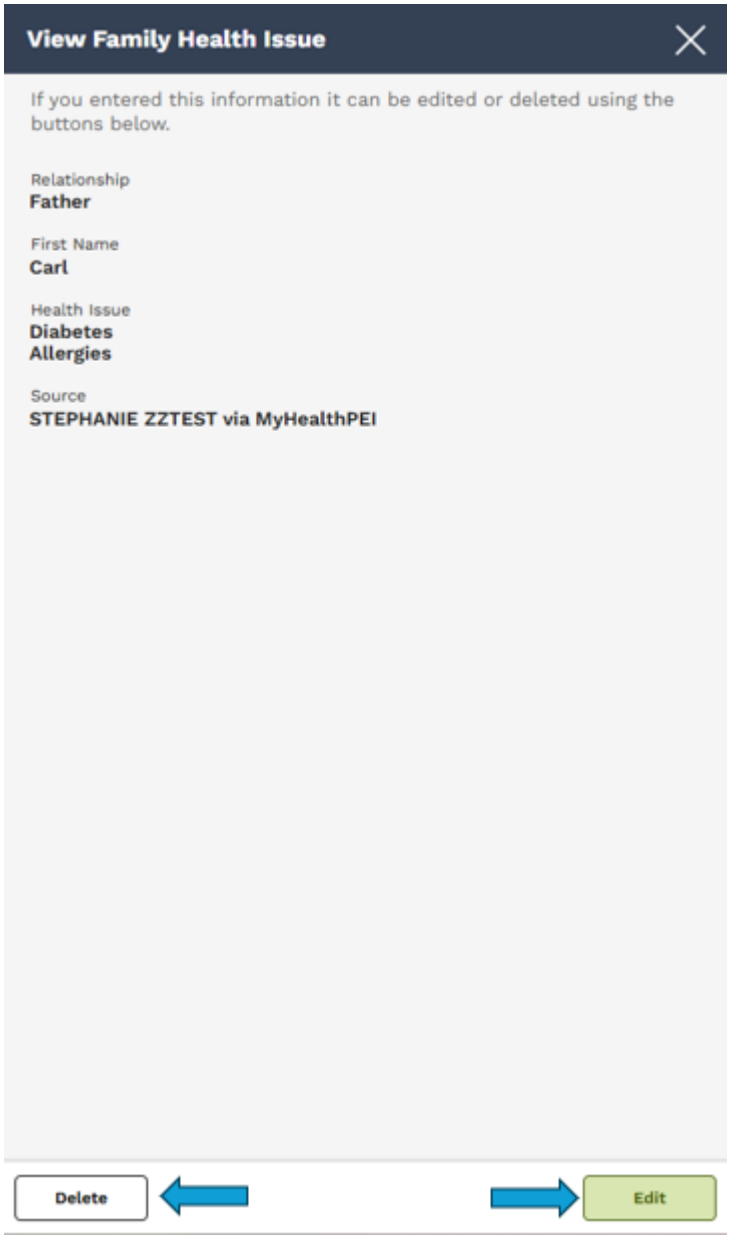
Once you enter your information, click **Save** on the bottom right-hand corner of your screen.



As you enter your information, you will see a list populate on the main **Family Health History** screen.



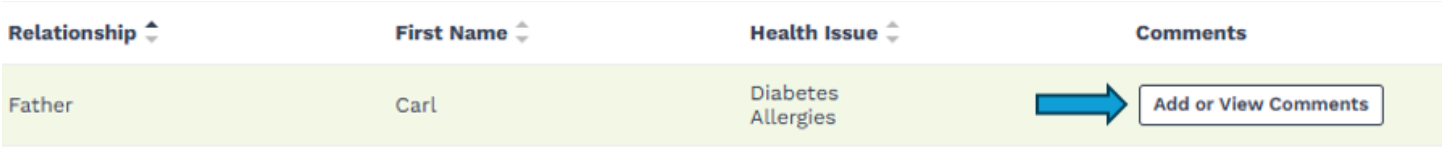
If you would like to either edit or delete existing data, click on the line you wish to edit or delete. Then click on the **Edit** or **Delete** button on the bottom of the **View Family Health Issue** popup window.



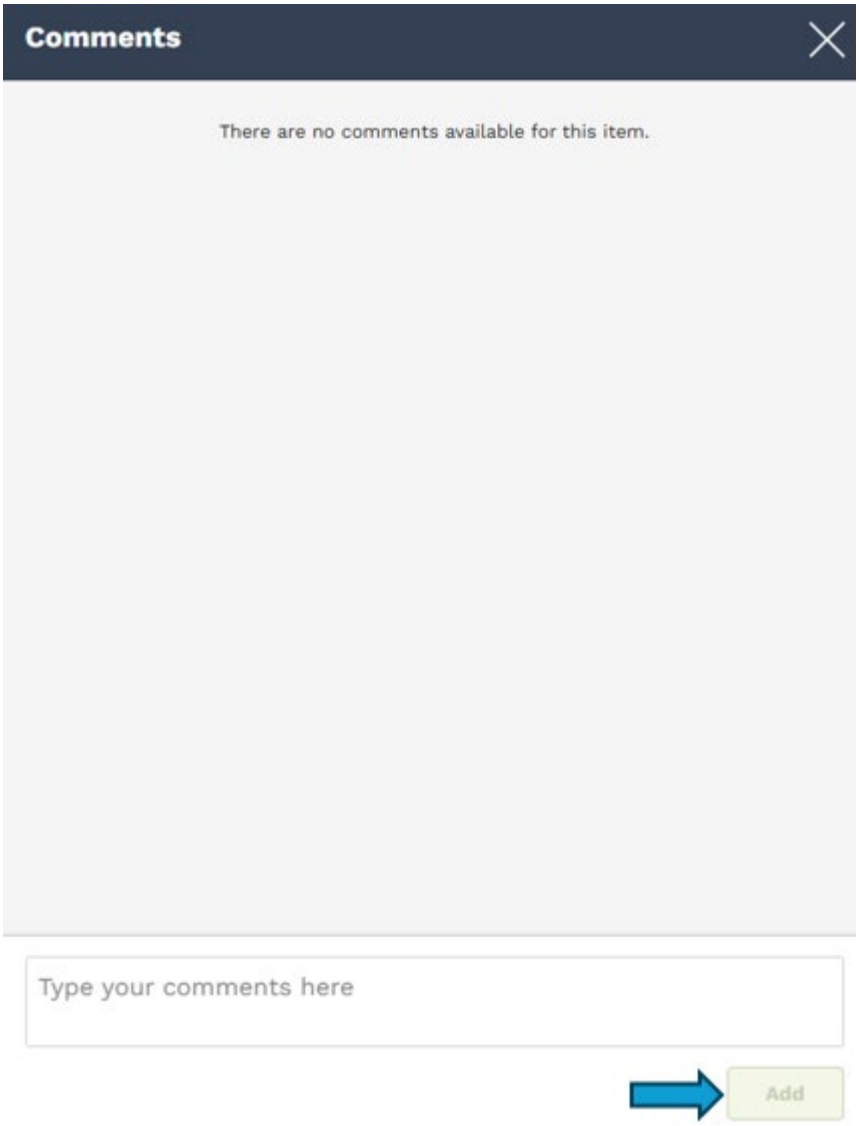
If you are choosing to edit, you can simply select **Edit** and type in your updated information.

If you are choosing to delete, please click the **Delete** button, followed by the **Delete** button pictured below.

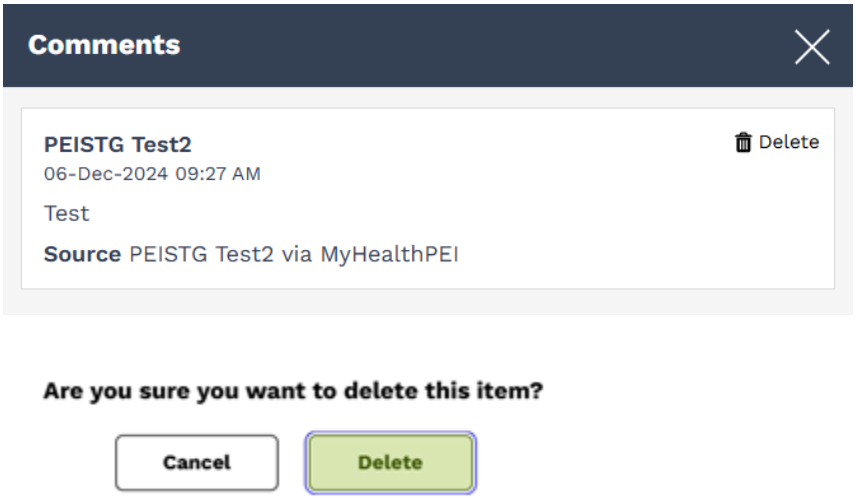
You can also choose to add or view comments on your family health history entries. It is important to note that the comments you add are *only visible by yourself* unless you choose to share your record. To add a comment, click **Add or View Comment** on the entry you would like to comment on.



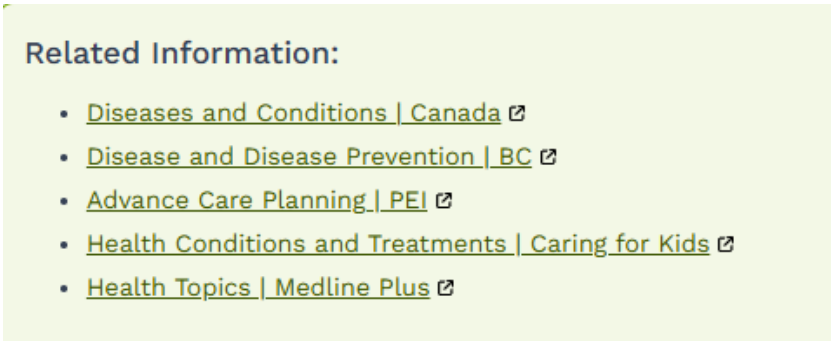
A window will pop up on the right-hand side of your screen where you can type in your comment. Once you have finished typing, press the **Add** button and your comment will be saved.



If you would like to delete a comment, click on the **Add or View Comment** button on the line you would like to adjust, locate the comment you wish to delete, and click on the **garbage can (Delete)** button and select **Delete** again on the box that pops up.

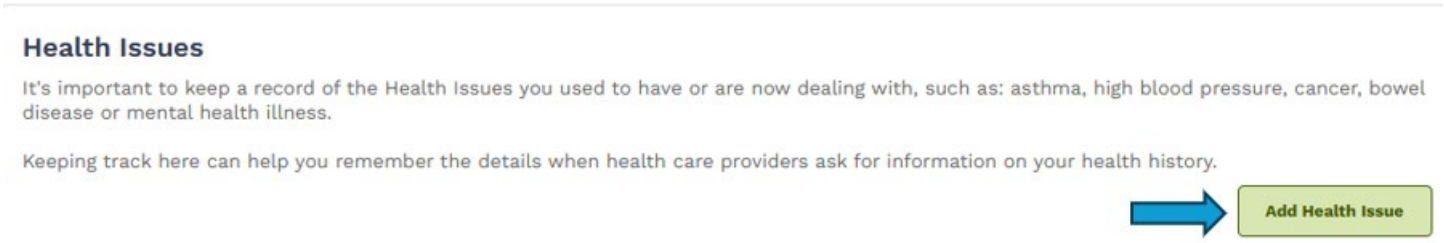


Helpful links are included in the Related Information box at the bottom of the **Family Health History** tab.

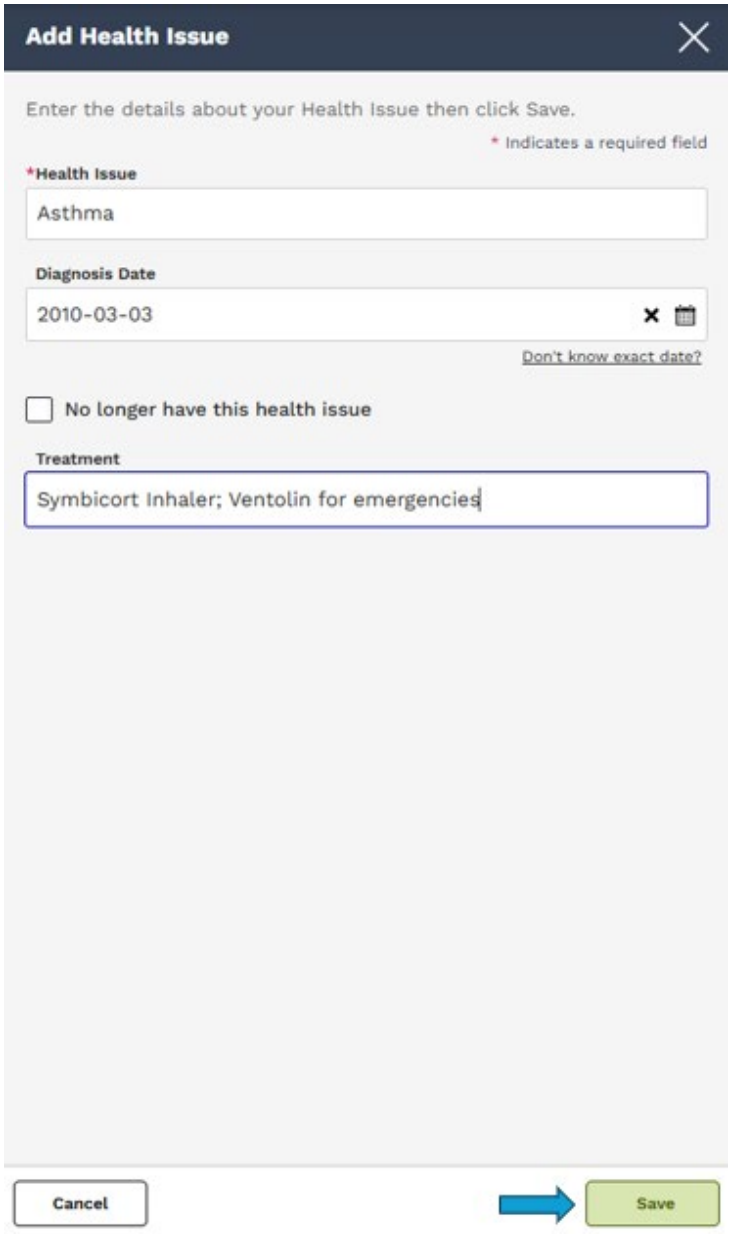


2.3.3 Health Issues

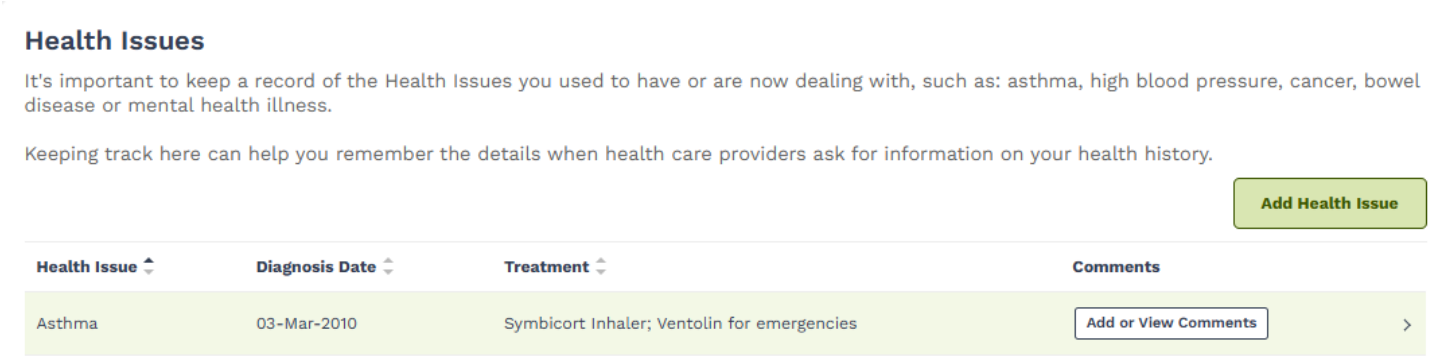
At the top of the **Health Issues** tab, you will see a button that allows you to **Add Health Issue**.



When you click on this button, a window will open on the right-hand side of your screen. Here is where you can enter your health issue information. Once you enter your information, click **Save** on the bottom right-hand corner of your screen.



As you enter your information, you will see a list populate on the main **Health Issues** screen.

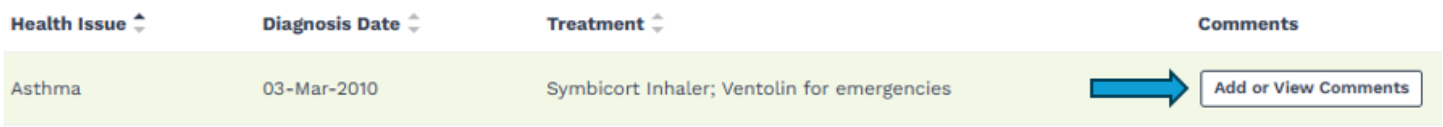


If you would like to either edit or delete existing data, click on the line you wish to edit or delete. Then click on the **Edit** or **Delete** button on the bottom of the **View Health Issue** popup window.

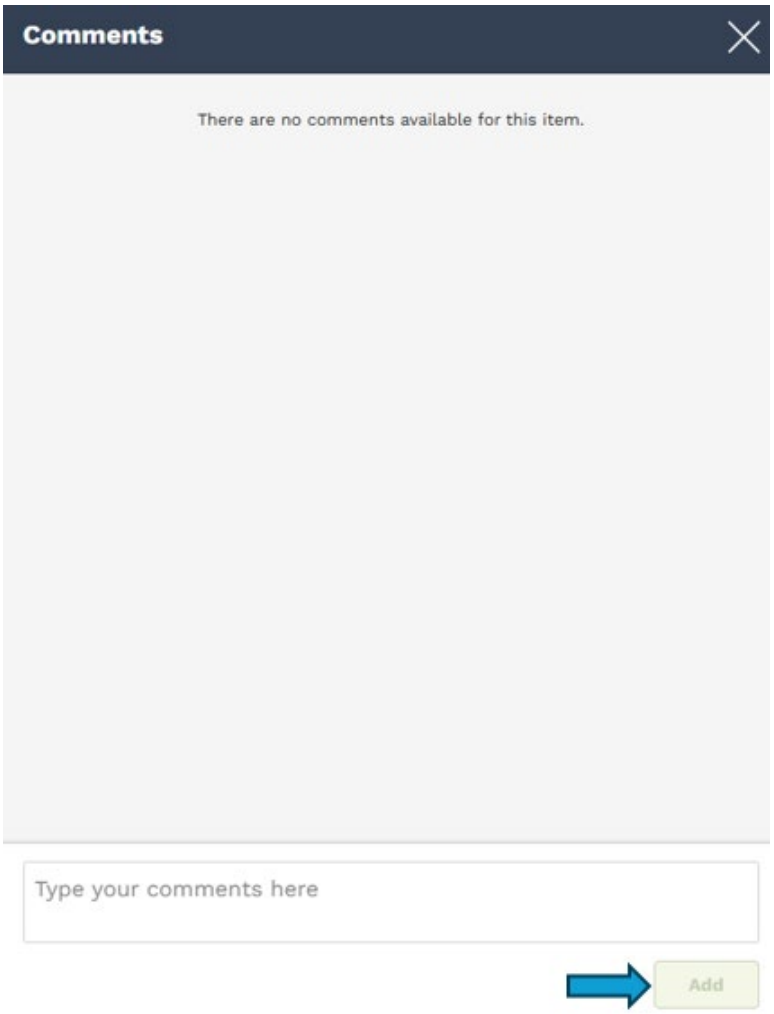
If you are choosing to edit, you can simply select **Edit** and type in your updated information.

If you are choosing to delete, please click the **Delete** button, followed by the **Delete** button pictured below.

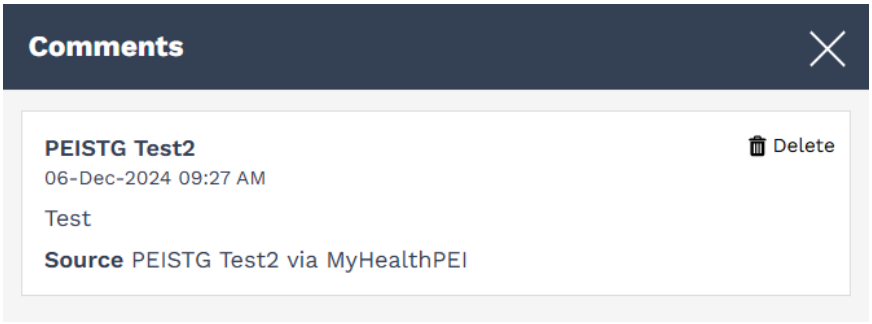
You can also choose to add or view comments on your health issue entries. It is important to note that the comments you add are *only visible by yourself* unless you choose to share your record. To add a comment, click **Add or View Comment** on the entry you would like to comment on.



A window will pop up on the right-hand side of your screen where you can type in your comment. Once you have finished typing, press the **Add** button and your comment will be saved.



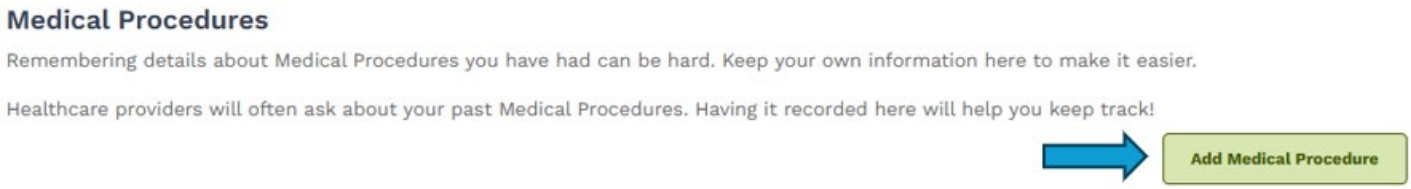
If you would like to delete a comment, click on the **Add or View Comment** button on the line you would like to adjust, locate the comment you wish to delete, and click on the **garbage can (Delete)** button and select **Delete** again on the box that pops up.



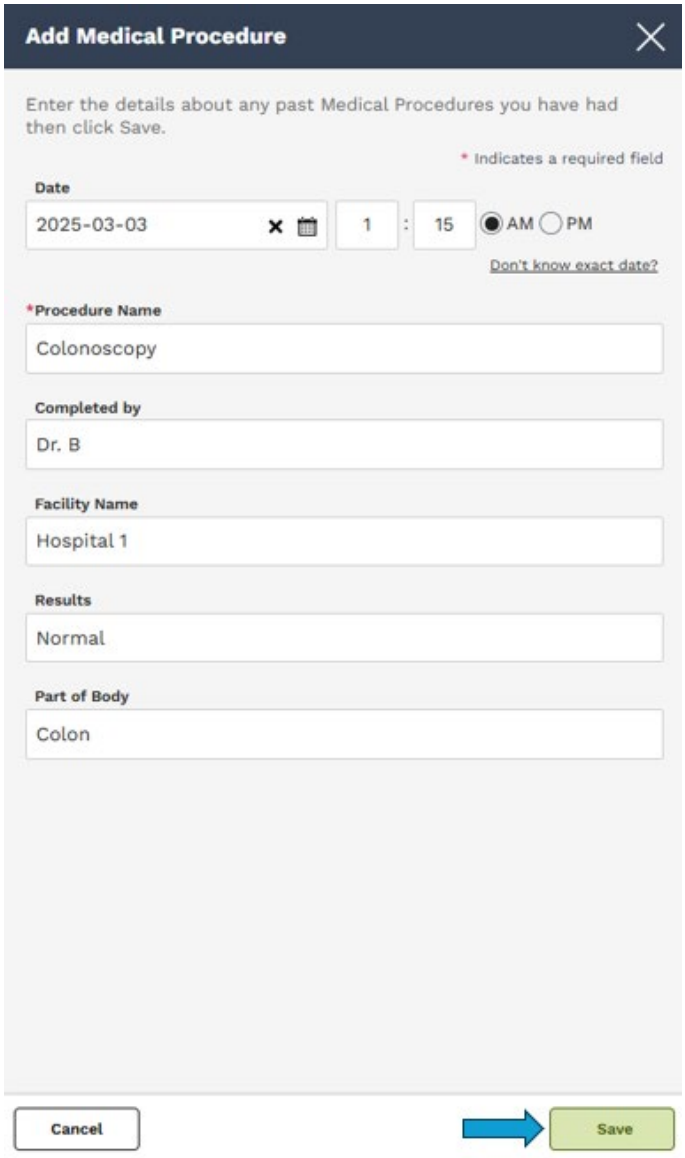
Helpful links are included in the Related Information box at the bottom of the **Health Issues** tab.

2.3.4 Medical Procedures

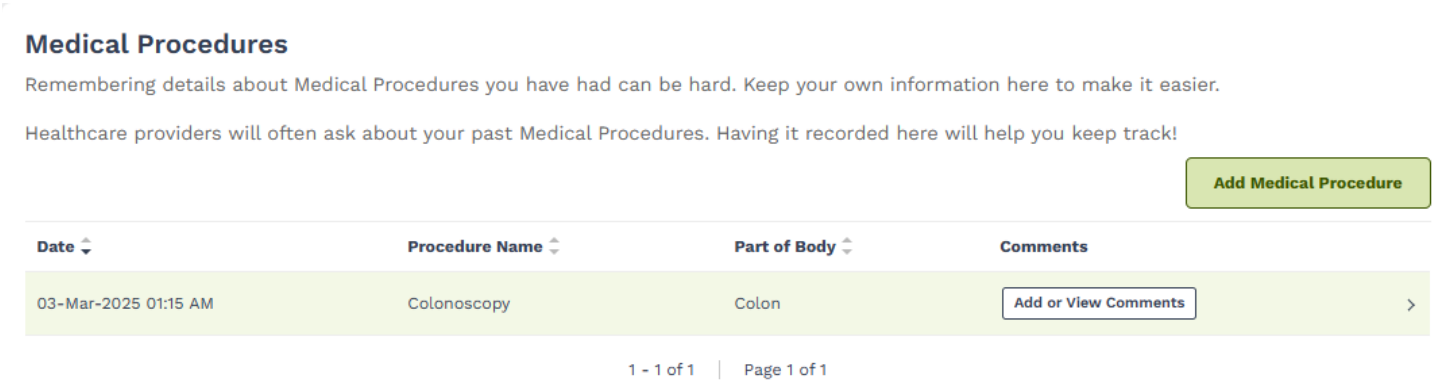
At the top of the **Medical Procedures** tab, you will see a button that allows you to **Add Medical Procedure**.



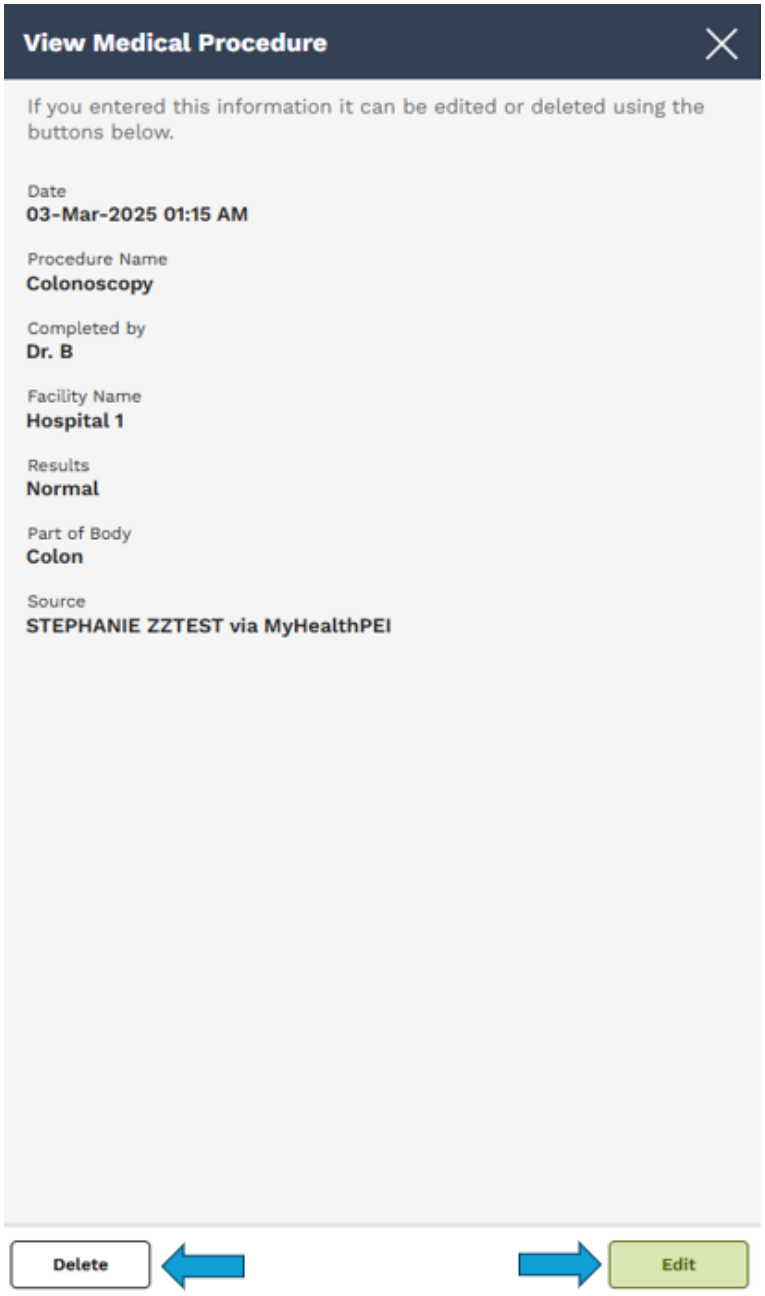
When you click on this button, a window will open on the right-hand side of your screen. Here is where you can enter your medical procedures information. Once you enter your information, click **Save** on the bottom right-hand corner of your screen.



As you enter your information, you will see a list populate on the main **Medical Procedures** screen.



If you would like to either edit or delete existing data, click on the line you wish to edit or delete. Then click on the **Edit** or **Delete** button on the bottom of the **View Medical Procedure** popup window.

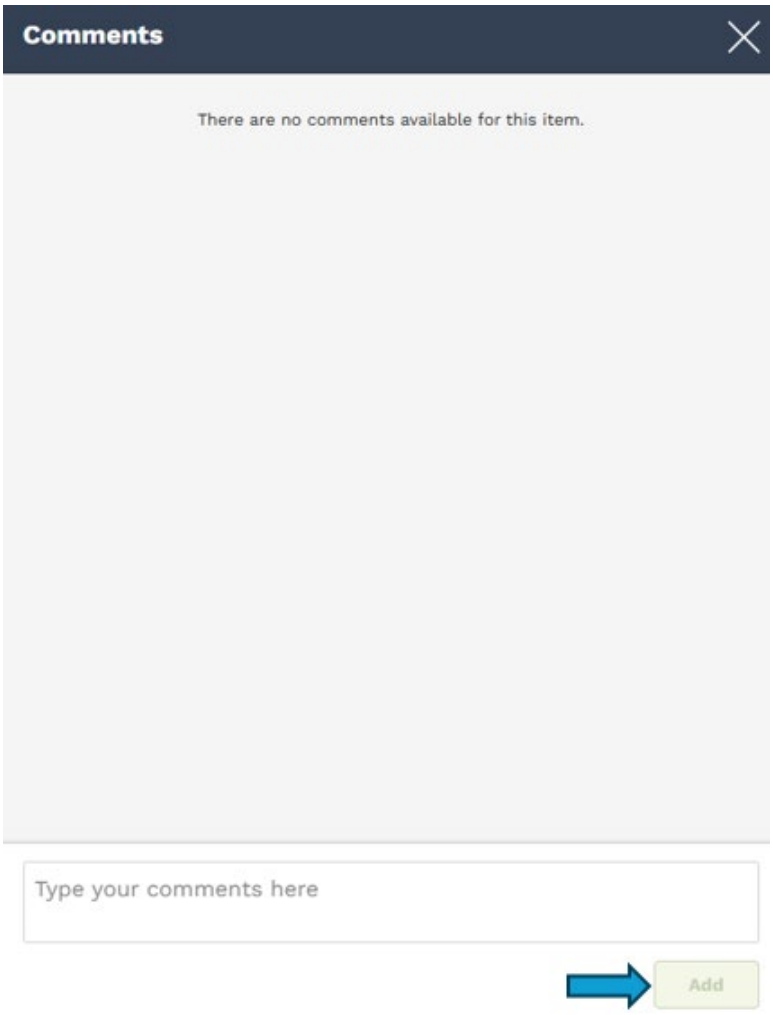


If you are choosing to edit, you can simply select **Edit** and type in your updated information.

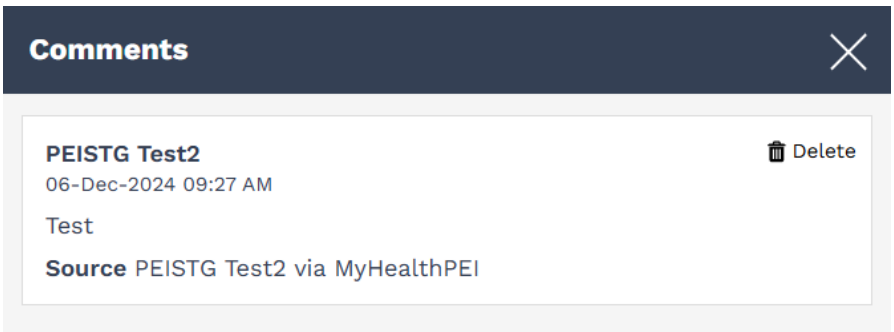
If you are choosing to delete, please click the **Delete** button, followed by the **Delete** button pictured below.

You can also choose to add or view comments on your medical procedures entries. It is important to note that the comments you add are *only visible by yourself* unless you choose to share your record. To add a comment, click **Add or View Comment** on the entry you would like to comment on.

A window will pop up on the right-hand side of your screen where you can type in your comment. Once you have finished typing, press the **Add** button and your comment will be saved.



If you would like to delete a comment, click on the **Add or View Comment** button on the line you would like to adjust, locate the comment you wish to delete, and click on the **garbage can (Delete)** button and select **Delete** again on the box that pops up.



Helpful links are included in the Related Information box at the bottom of the **Medical Procedures** tab.